



*VANGUARD MILITARY SCHOOL EFFORT BRINGS REWARD*

# PRINCIPAL'S REPORT

ROCKLEY MONTGOMERY

As this term draws to a close, I would like to thank all our recruits and staff for their hard work and our community/parents and caregivers who have again supported us fully in our endeavour to optimise the learning experience for their children. This time of year is always the most difficult to navigate, as the end goal is in many cases still a long way off and it is difficult to maintain focus for these extended periods of time. It is now that the support and encouragement our recruits receive is most important.

The school's academic programme has progressed according to plan, with most recruits tracking along perfectly.

Term Two sport has been great with some good results in all sports – particularly our boys and girls Basketball team results. However, as mentioned before, it is more about how our teams have played the game, the impeccable display of sportsmanship that has made us all so proud to be part of Vanguard Military School, rather than whether we have won or lost the game.

Well done Vanguard.

It will be a sad moment when we have to farewell Staff Haapu at the end of this term. He has been an integral part of the Vanguard Staff and will be sorely missed by all at the school. We wish him and his fiancé well with their new venture and hope they enjoy the experience of teaching overseas.

I wish all the recruits and staff a safe and well-deserved break during the coming holiday.



## History Trip

*(Patrick Gribble – HOD History)*

On Tuesday June 20<sup>th</sup>, the Level 3 history recruits went to the museum for the afternoon. The purpose was to use the museum library to find information for their 3.1 research assessments. 28 recruits and 4 members of staff attended. After a short walk through the World War 2 section of the museum, the recruits settled down in the new research centre. It's where the Auckland Town 1866 exhibit used to be and is amazing. More space, more resources, free photocopying (to a point) but still the same helpful museum staff. I think the staff on duty were a bit overwhelmed by 30 polite, well-dressed and hard-working recruits descending on them. A couple of recruits in particular certainly kept them busy. All the recruits worked well and the photocopier certainly got a good workout that day. Everyone got at least some information that day to help with their assessments. The museum staff had nothing but positive comments about the recruits, who were a credit to the school with their conduct the whole afternoon. Many thanks to Staff Hedley the bus driver and Staffs Rasmussen and Craney who also attended.



## Fundraiser

*(Mark Wilson – DP Level 1)*

On Friday June 23<sup>rd</sup> we had an ISC with a difference. Although the purpose for the recruits did have a competitive element with the section raising the most money winning, the overriding purpose was to collectively raise as much money as we could. It was a chance to really think about those who are less well off than ourselves and doing something small for them.

All sections spent a few weeks deciding on how to raise their money and then getting all the preparations done. It wasn't just the

recruits but the support from families was so pleasing and we are thankful to have such a supportive school community. To everyone who made a contribution we thank you.

The afternoon consisted of food, raffles, activities, dunking of staff and overall some good fun. Nobody managed to pay to paint staff Wilson's head so we will save that for next time. The final total was about \$2000 so a fantastic effort and we look forward to the next one.

## Royal New Zealand Navy Graduation

*(Caterina Echave – Office Administration)*

On the 16<sup>th</sup> of June 2017 we were lucky enough to take 6 selected students to be a part of the Basic Common Training graduation at the Devonport Royal New Zealand Navy base. On Friday the 16<sup>th</sup> 115 Basic Trainees and Junior Officers graduated to start their life in the military in their chosen roles. We decided to take a couple of students who have shown a high interest in the Defence Force. The select few recruits that were selected to go were well presented, showed respect and left a good impression with the Initial Training Officer LT CDR Dean Bloor.

## RSA Morning Tea

*(Andre Taikato – Maori)*

In April 2017, Vanguard Military School volunteered and showed their utmost support towards the RSA Poppy Day appeal (fund raising). These proceedings going towards ex, current serving service personnel, as well as NZ Police and their families.

Poppy Day began in New Zealand in 1922. The red poppy represents the sacrifice made by the past and present. More specifically, the poppy was the first flower that grew in Flanders Field, Belgium.

This year we commemorate 100 years since World War 1, where many of our soldiers, sailors and air men and women that did not

return, continue to lie in Messines and Passchendaele (Belgium).

Lest we forget.

Just as importantly, our school were invited to an RSA morning tea in Auckland city (Sky City) on behalf of the Auckland RSA President and executive committee. This was to show their gratitude towards this year's poppy contribution. Vanguard was one of few schools that volunteer on an annual basis.

This was a warmly received reception and an opportunity for recruits to meet other like-minded volunteers, organizations and to see where Vanguard may be able to further assist and participate with future World War commemorations and community initiatives.

Ka maumahara tonu tātou,

we will remember them

## Uniform Price Change

### **UNIFORM PRICE INCREASE EFFECTIVE 24 JULY 2017 (START TERM 3)**

We would like to advise you that with effect from Monday 24 July 2017, we will be increasing the prices of our school uniform items.

Over the past number of years our suppliers have been steadily increasing the cost price for individual uniform items. We have absorbed this increase up to now, unfortunately we can no longer sustain this and therefore need to revise our prices.

## Monthly Positives

*This is a new section I'd like to add to the newsletter. Every month we will add the positives whether it is something our staff has noticed or feedback from the public.*

*If you would like to add someone to the positive section for something they have done please let reception know.*

Congratulations to the following recruits who have passed their NZDF entry aptitude testing phase.

- Bradley Middlemost
- Madeleine Langford
- Casey Hickman

Well done to the following who made it to the 300 club that took place on the 27<sup>th</sup> June 2017. Remember to do your best in PT so those returning next year can give it another go.

- Ronan Cooper
- Jacob Salisbury
- Anthony Bennett
- Francois Van Jaarsveld
- Rudra Pandya
- Jason Chand
- Jordan Torrance
- Sam Beregatnov
- Luke Peipi Johansen
- Don Mokoroa
- Callum Beech
- Clyde Mataua
- Kyle Reinecke
- Phillip Uaine

## Basketball News

*(Paul Field – DP Level 3/Basketball coach)*

2017 has seen Vanguard Boys and Girls Basketball teams make great progress. The Boys have made great improvements under coach Mike Dawson and have an impressive record of 7 wins and 1 loss. Captain Solomon Hauraki-Katene has been the stand out player so far with great leadership on and off the court.

The Girls have carried on from an impressive 2016 season and currently are unbeaten with 8 wins from 8 games. Giovanna Figota has lead the way offensively and captain Chassis Parima has been the leader in defence.

We were fortunate enough to have the NZ Breakers captain Mika Vikona attend our training session recently and give the recruits some pointers. (See attached photo), Mika has promised us he will return again in Term 3.

### Upcoming fixtures:

July 6<sup>th</sup>.

Boys vs Glenfield College

Girls vs Kingsway



## Term 2 PT update

*(Steve Mueller – Head of PT)*  
Term two Physical Training

Regular physical fitness is good for everyone's health and this is certainly the case for Vanguard Military School recruits. Our aim in the PT department is to train the body to train the mind. The techniques we use within Vanguard PT are all designed around the notion that with a healthy body comes a healthy mind and it is the intention that each recruit takes that healthy mind into the classroom where healthy learning takes place. PT is an amazing part of the Vanguard school day as it provides 'on the spot' attitude and effort learning opportunities for every recruit of any fitness level. Recruits get rewards as the effort they put in increases. Self-belief is grown and this belief is carried into the classroom.

This term saw many PT results come in. Firstly we had a Physical Fitness Testing ISC (Multi Stage Fitness test, press-ups and sit-ups) which saw each recruit battle their own previous results in the hopes of making improvements. These efforts carried over into section averages and we were able to award points to sections depending on results gained. From a PT staff point of view the results and averages we saw from each section were very encouraging.

Term Two also saw an opportunity for invited recruits to attempt to break some long standing Vanguard records.

Of note was Jordan Torrance breaking the school Multi Stage Fitness Test record of 13.5 set by Harlem O'Connor-Lilo in 2015. Jordan's efforts raised the bar substantially. He recorded a level of 14.8 which was very impressive and I think this record will stand for some time. Special mention must also be given to Anthony Bennett who pushed Jordan all the way and recorded a level of 13.13, again an impressive effort.

We also had Lenari Taala break the female sit-up record with a score of 105 sit-ups in 2 minutes

Hannah Harris-Juhazs broke the female press-up record with a score of 77 press-ups in 2 minutes

Phillip Uaine broke the male sit-up record scoring an impressive 118 sit-ups in 2 minutes.

On Tuesday the 27<sup>th</sup> June we held our biannual invite only 300 club opportunity. To even get considered for this event recruits must perform at the highest level in PT on a consistent basis and their testing results must reflect this. In order to make the illustrious 300 club a recruit must reach level 10.6 for females and level 12 for males on the Multi Stage Fitness test, they then get a ten minute break. 46 press-ups for females and 72 press-ups for males in two minutes must then be achieved. If this happens then a ten minute break is given. After the break recruits must do 77 sit-ups. If recruits finish this then they will have earned the right to be included into Vanguards 300 club. It's a very difficult task indeed to complete.

This term we had Ronan Cooper, Jacob Sailsbury, Anthony Bennett, Francois Van Jaarsveld, Rudra Pandya, Jason Chand, Jordan Torrance, Sam Beregantov, Luke Peipi-Johansen, Asher Jack, Don Mokoroa, Callum Beech, Clyde Mataua, Kyle Reineke and Phillip Uaine receive invitations to compete for an opportunity to get their name on the 300 club wall.

I am very pleased to announce that

Anthony Bennett, Callum Beech, Kyle Reineke and Phillip Uaine backed up their inclusion into the 300 club in 2016 with an impressive display and went back to back earning them a further year next to their name on the wall.

First time inductees into the 300 club were Rudra Pandya, Jason Chand, Asher Jack, Don Mokoroa, and Clyde Mataua.

Congratulations must go to these recruits, an inspiring effort!

The PT team are very pleased with the collective progress of our recruits and very much look forward another big term in term three.

## From The Admin Desk

### Medication

A reminder to all recruits, if you are required to take personal medication during the school day this must be handed to the front desk along with a signed note from your parent/caregiver, including instructions for the medication. No recruit is to have any form of medication left in their bag under any circumstances.

### PT Bond

Reminder to parents that PT Bond money is for an emergency, please reiterate to your child/children that they bring their PT gear to school every day to avoid using up their PT bond money.

Please also be aware that many recruits have almost used up their \$20 bond which was paid on enrolment. When the bond is used up recruits will no longer be able to hire gear until it is topped up.

## Contact Details

If you have any questions about this Newsletter or would like to make a contribution to the next edition, please contact us at:

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